

Name \_\_\_\_\_

Acct # \_\_\_\_\_

### Frozen Embryo Transfer: Estrace Protocol

#### Month 1

\_\_\_\_\_ LMP(Cycle Day 1)                      Start BCPs on \_\_\_\_\_, Last BCP on \_\_\_\_\_

\_\_\_\_\_ CD# \_\_\_\_\_ Start Lupron 10 IU and continue through CD# 14  
Start mini-Aspirin once daily until pregnancy test

**Call the office when menses start. We will schedule you for a CD#14 ultrasound.**

#### Month 2

<u>(Est)</u>	<u>(Actual)</u>
_____ CD#1 _____	= 1 <sup>st</sup> day of full flow bleeding Take 2 mg of Estrace
_____ CD#2 _____	“
_____ CD#3 _____	“
_____ CD#4 _____	“
_____ CD#5 _____	“
_____ CD#6 _____	“
_____ CD#7 _____	“
_____ CD#8 _____	Take 4 mg of Estrace
_____ CD#9 _____	“
_____ CD#10 _____	“
_____ CD#11 _____	“
_____ CD#12 _____	“
_____ CD#13 _____	Take 6 mg of Estrace
_____ CD#14 _____	<b>Ultrasound to check lining:</b> If > 8mm: Stop Lupron, Take 6 mg of Estrace, Begin Medrol, Begin Progesterone in oil – 1 cc
_____ CD#15 _____	Take 6 mg of Estrace, Medrol, Prog in oil – 2 cc
_____ CD#16 _____	“
_____ CD#17 _____	“
_____ CD#18 _____	<b>Embryo transfer</b> Take 8 mg of Estrace, Prog in oil – 2 cc

- | <u>Medicines</u>  |
|---|
| 1. <b>Estrace</b> , 2mg, 100 pills  |
| 2. <b>Lupron</b> Sub Q 2 week kit   |
| 3. <b>Progesterone in oil</b> , 50 mg/ml, # 4 vials   |
| 4. <b>Mini-Aspirin</b>  |
| 5. Needles/syringes for Lupron and progesterone   |
| 6. <b>Medrol</b> , 16 mg, 4 pills<br>(will not take if embryos were frozen at the Blastocyst stage) |
| 7. <b>Prenatal vitamins</b>   |

**From the day after transfer until Pregnancy Test continue to take 8 mg of Estrace & Prog in oil – 2 cc, if pregnancy test is positive continue until instructed to stop.**

**1 Week after transfer – Check progesterone & estrogen**

**2 weeks after transfer - PREGNANCY TEST**