

Name _____

Acct # _____

Embryo Recipient – FET Protocol

Month 1

_____ LMP(Cycle Day 1) Start BCPs on _____, Last BCP on _____

_____ CD# _____ Start Lupron 10 IU and continue through CD# 14
Start mini-Aspirin once daily until pregnancy test

Call the office when menses start. We will schedule you for a CD#14 ultrasound.

Month 2

<u>(Est)</u>	<u>(Actual)</u>
_____ CD#1 _____	= 1 st day of full flow bleeding Take 2 mg of Estrace
_____ CD#2 _____	“
_____ CD#3 _____	“
_____ CD#4 _____	“
_____ CD#5 _____	“
_____ CD#6 _____	“
_____ CD#7 _____	“
_____ CD#8 _____	Take 4 mg of Estrace
_____ CD#9 _____	“
_____ CD#10 _____	“
_____ CD#11 _____	“
_____ CD#12 _____	“
_____ CD#13 _____	Take 6 mg of Estrace
_____ CD#14 _____	Ultrasound to check lining: If > 8mm: Stop Lupron, Take 6 mg of Estrace, Begin Medrol, Begin Progesterone in oil – 1 cc
_____ CD#15 _____	Take 6 mg of Estrace, Medrol, Prog in oil – 2 cc
_____ CD#16 _____	“
_____ CD#17 _____	“
_____ CD#18 _____	Embryo transfer Take 8 mg of Estrace, Prog in oil – 2 cc

- | <u>Medicines</u> |
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| 1. Estrace , 2mg, 100 pills |
| 2. Lupron Sub Q 2 week kit |
| 3. Progesterone in oil , 50 mg/ml, # 4 vials |
| 4. Mini-Aspirin |
| 5. Needles/syringes for Lupron and progesterone |
| 6. Medrol , 16 mg, 4 pills (will not take if embryos were frozen at the Blastocyst stage) |
| 7. Prenatal vitamins |

From the day after transfer until Pregnancy Test continue to take 8 mg of Estrace & Prog in oil – 2 cc, if pregnancy test is positive continue until instructed to stop.

1 Week after transfer – Check progesterone & estrogen

2 weeks after transfer - PREGNANCY TEST